### Get Access Anytime, Anywhere You Need It

At **Caremark.com** we offer many tools and resources that make accessing your prescription benefits easier and more convenient. Register at **Caremark.com** to

get all this and more:

- Refill medications and check
  order status
- See your prescription and spending history
- Check drug costs and find savings opportunities
- Find pharmacies in your network
- Download our mobile app

### Personalized Support with Specialty Care

You can count on CVS Specialty<sup>®</sup> to support your needs. Every year more people with chronic or genetic health conditions such as multiple sclerosis or hemophilia are being prescribed specialty or biotech medicines.

CVS Caremark offers home delivery of specialty medicine and supplies and provides personalized support to help you successfully manage your condition. To see if the services you require are covered by your plan talk to your benefit plan sponsor, visit **Caremark.com** or call the Customer Care number on your prescription benefit ID card.

### Let Us Help You

We're always here to help you find ways to save on your prescriptions, assist with refills and get your long-term supplies delivered to your door.

You can also access our "Ask a Pharmacist" online tool at Caremark. com, email a pharmacist with your questions 24/7 or view the Online Pharmacists FAQs for answers to many common questions.

Visit **Caremark.com** or call Customer Care and we'll help you get more from your prescription benefits.

#### Register today at Caremark.com.



©2018 CVS Caremark. All rights reserved. Your privacy is important to us. Our employees are trained regarding the appropriate way to handle your private health information.

106-29780B 051618 TDD: 1-800-863-5488



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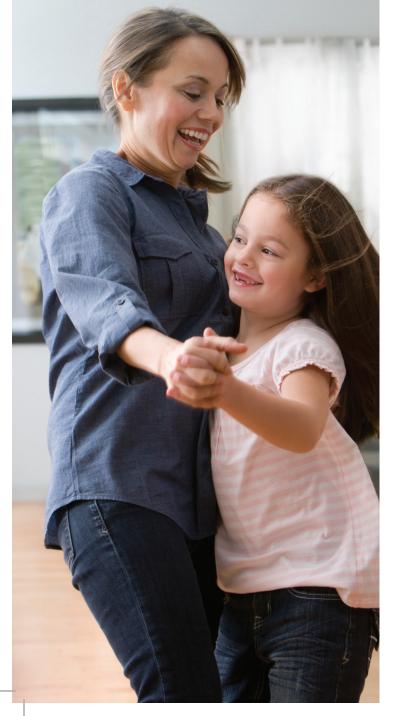
# Make more of your prescription benefit plan







# The Benefits of Your Benefits



At CVS Caremark<sup>®</sup> we provide quality pharmacy care that can help save you time and money. We make sure you get the prescriptions you need, when you need them. We also provide you with:

- Convenient choices
- Savings opportunities
- Online tools
- Specialty care

## **Convenient Choices**

When it comes to how you fill your prescriptions you have options – choose between visiting your local pharmacy or our mail service.

With 9,500 CVS Pharmacy locations and 68,000 network pharmacies, including independent pharmacies and chains it's easy to find and visit your local pharmacy.

If your medication is long-term you can choose to have it delivered right to your door with our 90-day supplies – and one 90-day supply of your medicine typically costs less than three 30-day supplies. You can sign up for mail service delivery at **Caremark.com.** If you need additional help getting your 90-day prescriptions, please call our Customer Care team at **1-888-769-9030.** 

### **Saving with Generics**

By choosing generic medicines you can take more control of your health care costs and start saving. Generic medicine is high quality medicine that costs up to 80 to 85 percent less than its brand-name counterpart. The FDA requires that generic medicines have the same active ingredients, strength and dosage as their brand-name counterparts, which means they have the same quality and performance. And today nearly eight in 10 prescriptions filled in the U.S. are for generic medicine.<sup>1</sup>

Generics are the number one way your doctor or pharmacist can help save you money.

- Ask your doctor if there is a generic option for any brand-name drugs you are currently taking
- Ask if there is a generic for the next new prescription your doctor writes
- Ask your pharmacist about your generic options next time you refill a medicine

1 U.S. Food and Drug Administration (FDA) Facts About Generic Drugs Davit et al. Comparing generic and innovator drugs: a review of 12 years of bioequivalence data from the United States Food and Drug Administration. Ann Pharmacother. 2009;43(10):1583-97.